

3 DATES TO CHOOSE FROM!

TREATING PAIN SAFER: Fewer Opioids and Better Results Controlled Substances Education for Prescribers JUNE 6, 2017 | AUGUST 29, 2017 | OCTOBER 24, 2017



Choose the date that works best for you!

For all dates:

Location: MAHEC Mary C. Nesbitt Biltmore Campus
121 Hendersonville Rd, Asheville NC 28803

Registration: 5:00 pm - 5:30 pm

Program: 5:30 pm - 8:45 pm (*dinner provided*)

Dates to choose from:

Tuesday, June 6, 2017

Tuesday, August 29, 2017

Tuesday, October 24, 2017

Early registration fees available 7 days prior to program date

Fee: \$45

Students/Pharmacy Residents/

MAHEC Employees: Fee waived, but must register to attend

Literature has shown that prescribers receive little education on the treatment of pain resulting in less effective pain treatment with worse outcomes. Attendees will learn the evidence-based analysis of the relative effectiveness of medications and their side effects, recommendations on how to improve treatment of acute and chronic pain and recognizing substance use/opioid use disorders. This program will include the three required topics outlined by the new CME requirement in 21 NCAC 32R .0101:

- Controlled substances prescribing practices
- Recognizing signs of the abuse or misuse of controlled substances
- Controlled substance prescribing for chronic pain management

As of July 1, 2017 all physicians (other than residents), physician assistants, nurse practitioners, podiatrists, and dentists who prescribe controlled substances must satisfy the controlled-substance prescribing CME requirement set forth in 21 NCAC 32R .0101. Requirements vary by discipline and board. Prescribers will turn in controlled substance CE when they renew licensure.

AUDIENCE

The program is recommended for physicians, physician assistants, pharmacists, nurse practitioners, dentists and podiatrists.

OBJECTIVES

Upon completion of this workshop, participants will be able to:

- Describe the impact of the opioid crisis
- Identify the CDC guidelines for Prescribing Opioids for Acute Pain
- Identify the CDC guidelines for prescribing opioids for Chronic pain
- Discuss what to do with patients on opioids that fall outside the guidelines

FACULTY

Blake Fagan, MD, completed his undergraduate education at the University of Missouri –Columbia. He completed medical school at Vanderbilt University SOM in 1998 before finishing his family medicine residency at the Mountain Area Health Education Center (MAHEC) in Asheville, NC in 2001. He has been a faculty member at MAHEC since 2001. During that time he has been the co-clinical director, assistant residency director and the residency director. Currently, he is the Chief Education Officer at MAHEC and head of the Rural Health Initiative.

Dr. Fagan will present on June 6th and August 29th.

Don Teater, MD, is a family physician who has lived and worked in Western North Carolina since 1988. His work in the southern Appalachian Mountains made him aware of the problems with opioid pain medications years ago. In 2004 he started a clinic to treat those addicted to opioids in his primary care practice.

From 2013 to mid-2016, he worked as Medical Advisor at the National Safety Council addressing the national epidemic of opioid abuse, addiction, and overdose. Dr. Teater was lead facilitator for the expert panel discussion during the development of the CDC Guideline for Prescribing Opioids for Chronic Pain — United States, 2016. Dr. Teater has also served on the World Health Organization Committee addressing drugged driving that met in Mallorca, Spain in December 2015.

Since June 2016, Dr. Teater has worked for Teater Health Solutions to concentrate on educating prescribers and others on the science of opioids and how that should influence treatment and policy decisions. Currently he contracts with the Center for Disease Control on the academic detailing of prescribers to educate them on the appropriate use of opioids for the treatment of pain. He continues to work one day per week treating those afflicted by the disease of addiction at Meridian Behavioral Health Services in Western North Carolina.

Dr. Teater will present on June 6th and October 24th.

AGENDA

5:30-6:00pm	Effectiveness and Side Effects of Common Oral Pain Medications
6:00-7:00pm	A Renewed Look at Pain Management
7:00-7:15pm	Break
7:15-7:45pm	Substance Use and Opioid Use Screening and Treatment
7:45-8:30pm	Public Health Effects and Costs of Opioid Prescriptions for Acute and Chronic Pain
8:30-8:45pm	Preparing for Practice Change



MEDICAL DIRECTOR

Blake Fagan, MD

COMMITTEE MEMBERS

Elizabeth Flemming, MA, LPC | MAHEC, Asheville, NC

Carriedelle Fusco, FNP | MAHEC, Asheville, NC

Melinda Ramage, FNP | MAHEC, Asheville, NC

Don Teater, MD | Teater Health Solutions, Waynesville, NC

Ronnie Metcalf, EdD, RN-BC, ONC | MAHEC, Asheville, NC

Courtenay Wilson, PharmD, BCACP, BCPS, CDE, CPP | MAHEC, Asheville, NC

Rosalyn Wasserman, PT, DPT | MAHEC, Asheville NC

DIRECTIONS TO THE BILTMORE CAMPUS

121 Hendersonville Rd., Asheville, NC, 28803

From I-40 Eastbound, take Exit 50 and turn left onto Hendersonville Road.

From I-40 Westbound, take Exit 50B and merge onto Hendersonville Road.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

From 19-23 (I-26) take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light turn right into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

CREDITS

CME

Accreditation

The Mountain Area Health Education Center (MAHEC) is accredited by the North Carolina Medical Society to sponsor continuing education for physicians.

Credit

The Mountain Area Health Education Center designates this live activity for a maximum of **3.0 AMA PRA Category 1 Credits**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure Statement

MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

CEUs: The Mountain Area Health Education Center designates this entire continuing education activity as meeting the criteria for **0.3 CEUs** as established by the National Task Force on the Continuing Education Unit. You must attend the entire activity or activities to receive CEUs.

Contact Hours: MAHEC designates this continuing education activity as meeting the criteria for **3.0 Contact Hours**. Full attendance is required.

ADA CERP® | Continuing Education Recognition Program

The North Carolina Health Education Centers (NC AHEC) are an ADA CERP Recognized Provider. NC AHEC's term of recognition is May 1, 2016 through June 30, 2018. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. **3.0 hours**

Disclosure Statement/Conflict of Interest:

In accordance with the ADA CERP Standard V., everyone involved in planning or presenting this educational activity will be required to disclose any relevant financial relationships with commercial interests and this information will be made available to participants at the start of the activity. As a continuing education provider, MAHEC, as part of the North Carolina Health Education Centers, is responsible for ensuring the content, quality and scientific integrity of all continuing dental education activities for which credit is provided. MAHEC is also responsible for taking steps to protect against and/or disclose any conflict of interest of the faculty/instructors presenting those courses.

Concerns or complaints about a CE provider may be directed to MAHEC at www.mahec.net or to ADA CERP at www.ada.org/cerp.

REGISTRATION

Early Registration Deadline: 7 Days Prior to Program Date

Early registration fee is \$45. Registration fee includes administrative costs, educational materials, and lunch. If registration is received after the deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax, mail, or email). Substitutes can be accommodated in advance of the program.

Please choose which date you will attend:

- Tuesday, June 6, 2017
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Updated contact info

Name _____

Credentials _____

Social Security # **XXX-XX-** _____ (last 4 digits required)

Occupation _____

E-mail Address _____

Home Address _____

City _____ State _____ Zip _____

Home County _____

Home # _____ Work # _____

*Employer _____

Department _____

Employer's Address _____

City _____ State _____ Zip _____

Work County _____

Program announcements will be sent to your email unless you opt out from receiving emails from MAHEC. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

Please provide a:

Vegetarian Option Gluten-free Option

*Less than 7 days prior
to program*

Fee: \$45 \$60

Student/Pharmacy Resident/MAHEC Employee: Fee Waived
(Students - proof of enrollment required at check-in)

[*Click here to register online*](#)

Full payment must accompany all registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

Check is enclosed (made payable to MAHEC) Credit card info provided
 Visa Mastercard Discover Card American Express

Account # _____

Exp _____ / _____ Code on back of card _____

Name on Card _____

Signature _____

Send completed registration form to: # 17ME043/52404

MAHEC Registration
121 Hendersonville Rd., Asheville, NC 28803
Fax to 828-257-4768

Have a question?

CE Planner:
Elizabeth Flemming, LPC
elizabeth.flemming@mahec.net

Registration Information: 828-257-4475
Fax Registration: 828-257-4768
Online Registration: www.mahec.net
Email: registration@mahec.net
Mail: MAHEC Registration
121 Hendersonville Rd., Asheville, NC 28803



Special Services:
828-257-4761

828-257-4466